

# OCTOBER 2021

## LYERLY ELEMENTARY SCHOOL

### BREAKFAST



**Cafeteria Manager: Jessica Cabe**

**Menu is subject to change.**



**Cinnamon Roll Day is October 4.** Start your day in a fun way with a cinnamon roll. Don't forget to add a glass of milk and a side of fruit to complete your meal!

*This institution is an equal opportunity provider.*



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Gravy Biscuit OR  
Bacon/Egg/Chz Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **1**

Steak Biscuit OR  
Bacon Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **4**

Chicken Biscuit OR  
Egg/Cheese Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **5**

Breakfast Pizza OR  
Sausage Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **6**

Syrup Day OR Muffin OR  
Cereal & Toast  
Fruit  
Juice  
Milk **7**

Gravy Biscuit OR  
Bacon/Egg/Chz Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **8**

Steak Biscuit OR  
Bacon Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **11**

Chicken Biscuit OR  
Egg/Cheese Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **12**

Breakfast Pizza OR  
Sausage Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **13**

Syrup Day OR Muffin OR  
Cereal & Toast  
Fruit  
Juice  
Milk **14**

Gravy Biscuit OR  
Bacon/Egg/Chz Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **15**

Steak Biscuit OR  
Bacon Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **18**

Chicken Biscuit OR  
Egg/Cheese Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **19**

Breakfast Pizza OR  
Sausage Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **20**

Syrup Day OR Muffin OR  
Cereal & Toast  
Fruit  
Juice  
Milk **21**

Gravy Biscuit OR  
Bacon/Egg/Chz Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **22**

Steak Biscuit OR  
Bacon Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **25**

Chicken Biscuit OR  
Egg/Cheese Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **26**

Breakfast Pizza OR  
Sausage Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **27**

Syrup Day OR Muffin OR  
Cereal & Toast  
Fruit  
Juice  
Milk **28**

Gravy Biscuit OR  
Bacon/Egg/Chz Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **29**